



Dear Tennis Athlete:

Thank you for selecting the Nick Bollettieri Tennis Academy (NBTA) at IMG Academies in Bradenton, Florida as your tennis-training destination. All of our tennis programs are designed to improve every aspect of your performance. While you are improving your game, you will also work closely with world class coaches and performance specialists, who will focus on helping you understand how to realize your full potential.

The attached information should prove helpful as you prepare to attend NBTA. Please review the following pages and return all forms to the address/fax below. Please call to confirm availability of your dates before returning the participant information waiver.

To maximize your Adult Tennis Program experience, we recommend the following:

- Bring a notebook to record what you learn, as well as what you want to continue to improve upon when you return home.
- Try to start a conditioning program prior to arrival.
- Check with your doctor before starting any physical conditioning or performance program.

If you require any additional information prior to your arrival please feel free to give us a call. We look forward to seeing you soon at IMG Academies.

Sincerely,

Lynn Dorton
Manager of Adult Programs

NBTA Adult Tennis
General Information

For car rental information, you may contact DOLLAR at 941-355-2996 (Sarasota Bradenton Airport). Please mention that you are an IMG Academies participant for discounted rates.

For Guests residing on Campus:

- Register at the Clubhouse front desk.
- Check-in time is from 3:00 p.m. to 9:00 p.m. Guests checking in after 9:00 p.m. are required to notify our Guest Relations department at 941-755-1000. If you arrive before 3:00 p.m., there may be a brief delay while your room is prepared for you.
- Check-out time is 1:00 p.m. If room scheduling allows, it is possible to request a late check-out until 3:00 p.m. Please inquire at the Clubhouse front desk.
- Morning Tennis program begins at 8:00 a.m. with stretching at the Adult Activity Center.
- Please note that pets are not allowed in the Lodge or Academy Park Villas, with the exception of service dogs.
- Phone / Fax
 - Incoming Calls-if the direct room extension is not known, please call 941-755-1000 to be transferred to a room.
 - Outgoing Calls-all local calls are free. Long distance calls will be billed directly to the room or require a calling card.
 - Faxes - the Guest fax number is 941-752-2534.

In case of emergency, call the main switchboard at 941-755-1000

For Guests not residing on Campus:

- Check in at the Clubhouse, located on the IMG A main campus: 5500 34th St West
- Morning Only Program: First Day Check-in is at 8:00 a.m. for morning participants. Daily morning stretching is at 8:30 a.m. at the Adult Activity Center. Bring tennis shoes and appropriate stretching gear.
- Afternoon Only Program: First Day Check-in is between 12:15-12:30 p.m. at Clubhouse. Please be in Clubhouse lobby at 12:45 p.m. for transport to course.

Note: Prior to arrival, all balances are required to be paid in full. If for some reason there is a remaining balance, it must be taken care of at check-in. You must be checked-in and paid in full prior to the start of your program.

Typical Weekly Adult Tennis Schedule

6:30 – 8:00 AM	Breakfast*
8:00 – 8:30 AM	Live ball warm up and evaluation
8:30 – 9:00 AM	Morning Stretching with the IMG Performance Institute
9:00 – 10:30 AM	On court training (see Session Emphasis below)
10:30 – 10:45 AM	Fruit and water break
10:45 – 11:30 AM	On court training
11:30 – 1:15 PM	Lunch in Clubhouse dining room (included in program)
1:20 – 1:30 PM	Report to courts
1:30 – 3:00 PM	On court training
3:00 – 3:15 PM	Fruit and water break
3:15 – 4:00 PM	On court training
4:00 – 5:00 PM	Free play on own
5:30 – 7:30 PM	Dinner*

**Lunch is included in the full and half day tennis program. Breakfast and dinner are available at an additional cost.*

Note:

There is an adult social hour in the clubhouse café on Monday and Thursday evenings from 6-7pm.

Session Emphasis:

Monday	AM	System 5 Training <i>(neutral, off/def skills)</i>	PM	Counter Attack Skills <i>(return of serve)</i>
Tuesday	AM	Technical Skills <i>(ground strokes)</i>	PM	Specialty Shots <i>(approach, slice, ball on rise)</i>
Wednesday	AM	Footwork <i>(balance, posture, recovery)</i>	PM	Attacking Skills <i>(volley, overheads, short balls)</i>
Thursday	AM	Station Rotation <i>(FH, BH, overhead, serve, returns)</i>	PM	Singles <i>(depth, placement, patterns)</i>
Friday	AM	Serve <i>(1st & 2nd serve, placement, spin)</i>	PM	Doubles <i>(positioning, volleys, returns)</i>
Saturday	AM	Station Rotation <i>(FH, BH, overhead, serve, returns)</i>	PM	Specialty Shots <i>(drop shots, lobs)</i>
Sunday	AM	Attacking Skills <i>(attacking movement & weakness)</i>	PM	Defensive Skills <i>(counter attacking, defending)</i>

- Each day, following the break in both the AM/PM sessions, time will be devoted to serve and singles or doubles play
- The above schedule is a general outline and is subject to change. Flexibility is provided to accommodate the guest's personal needs and length of stay
- In times of inclement weather, the program is held indoors. Session times may be shortened
- If participating in ACCELERATED or MAX programs, your personalized schedule will be handed out to you at check in.

NICK BOLLETTIERI TENNIS ACADEMY

The #1 tennis training program in the world, known for producing players like Agassi, Seles, Courier, Sharapova and Haas, is proud to feature the staff, programs and facilities that makes its adults training experience the standard by which all others are measured.

NBTA PROGRAMS

Adult Mini Week (3-Day) and Full Week (5-Day)

The **Mini Week** is designed for the individual whose schedule does not permit a full week of tennis. Training is designed to educate and drill in all aspects of the game, including serve, return, ground strokes, volleys, overheads, approach shots and specialty shots. Expect to work hard, learn, and improve.

The **Full Week** is for the adult tennis player who wants immediate results. With five days of high intensity training designed to improve the technical and tactical fundamentals, this program will help take your game to the next level.

ACCELERATED and MAX Programs

Available in **Three or Five day** sessions, Max and Elite Max programs offer serious adults at every level the same high-performance, integrated training system devised by the Nick Bollettieri Tennis Academy for its top players. By combining NBTA's world class tennis instruction with key components from IMG's Performance Department, we have created this unique program which is designed to enhance all aspects of the game including technical, tactical, physical, and mental performance.

IMG Academies Nick Bollettieri Tennis Academy Adult Programs	Core Program	Accel Program	Max Program
Six Hours On-Court Training	√	√	√
Lunch	√	√	√
Unlimited Court Availability	√	√	√
Breakfast and Dinner		√	√
½ Hour Private Lesson Each Day		√	√
On Court Video Analysis of Technical Performance		√	√
1 Hour Sport Massages (2 for 3 day program/3 for 5 day program)		√	√
Mental Performance Video and Analysis			√
Nutrition Session			√

Daily Full Day & Half Day Programs

Designed for the adult player whose schedule does not permit a 3- or 5- day schedule, but who is passionate about improving their tennis game. Programs are available on a half day and full day basis every day of the week.



ADULT & FAMILY PROGRAMS

IMG Academies' flexible Adult Program choices allow you to create the experience that is right for you, your family, and your active lifestyle.

TENNIS * GOLF * PERFORMANCE * SPA

We offer packages and customized programs. Focus on one sport or combine them.

Keep it basic or Max it out with extra choices and private lessons.

Train for a half a day, or a whole week.

CORPORATE RETREATS

Re-energize your company with an IMG Academies corporate retreat! Let us plan your company's next outing. We have many options mixing sports with professional speakers to create a rewarding and memorable corporate experience.

ON CAMPUS ACCOMMODATIONS

Conveniently located on our campus, IMG Academies offers luxury Lodge or Villa accommodations. We have One-Bed Club rooms to Four Bedroom Suites at daily rates.

For more information contact:

Lynn Dorton

Manager of Adult Programs

941-752-2453 phone

941-752-2647 fax

lynn.dorton@imgworld.com



The Wellness Spa is an Aveda Concept Salon, which provides innovative services, a wide range of beauty and health treatments, and offers extraordinary products created from organically grown plants and renewable sources—without animal testing. Set amidst the IMG Academies' campus, The Wellness Spa embraces a “lifestyle” approach to wellness. Individualized assessments will be followed by an extensive selection of treatments. Spa services include many rejuvenating therapies, as well as traditional facials, massage, scrubs, body wraps, botanical lotions, manicure and pedicure, beauty and hair treatments.

To book a treatment or to learn more, contact The Wellness Spa at 941-739-7390.

ACADEMY REALTY

Academy Realty is a full-service real estate company offering a wide range of services for both IMG Academies' families and the general public. Located on IMGA's 300-acre campus, Academy Realty was born out of the desire to assist IMGA student athletes from around the world as they relocated to and from the Bradenton/Sarasota area. The experience gained from assisting hundreds of families with such transitions has been invaluable in terms of gaining extensive market knowledge and experience. Academy Realty's team of exceptional Realtors will assist you with all your real estate needs, whether on the IMGA campus, in the surrounding neighborhoods, or throughout Bradenton, Sarasota and the Gulf Beaches.

Contact Academy Realty Group for all your real estate needs:

Adam Cuffaro – 941-752-2682 or adam.cuffaro@imgworld.com
Paula Johnson – 941-752-2686 or paula.johnson@imgworld.com

TRANSPORTATION TO IMG ACADEMIES

By Car:

Traveling from the South on Highway 41: From Sarasota, follow Hwy 41 to 53rd Ave West and turn left. Go to 34th St W and turn left. Go to next light and entrance to campus is on your right.

Traveling from the South on I-75: Take 217B and travel west on St Rd 70 for approximately 20 minutes. Go to 34th St W and turn left. Go to next light and entrance to campus is on your right.

Traveling from the North on Hwy 41: To Bradenton, stay on Hwy 41 to 53rd Ave W and turn right. Go to 34th St W and turn left. Go to next light and entrance to campus is on your right.

Traveling from the North on I-75: Take 217 and travel west on St Rd 70 for approximately 20 minutes. Go to 34th St W and turn left. Go to next light and entrance to campus is on your right.

Directions from Sarasota/Bradenton Airport (SRQ):

- turn right out of airport onto University Pkwy
- Turn right onto US 41 North (also Tamiami Trail)
- Tamiami Trail becomes 14th St West
- Turn left onto 53rd Ave W
- Turn left onto 34th St W
- Turn right at first light into campus

Directions from Tampa International Airport (TPA):

- Follow I-275 South across the Sunshine Skyway Bridge, to I-75 South
- Take I-75 South to Exit 217 (State Rd 70), travel west on St Rd 70 for approximately 20 minutes
- Turn left onto 34th St W
- Turn right at first light into campus

By Air:

Transportation to and from SRQ is \$31.00 per person each way. Call for group rates.

Transportation to and from TPA is \$110.00 per person each way. Call for group rates.

By Bus:

The Greyhound Bus Depot is located in downtown Bradenton, approximately 15 minutes from IMG Academies. Transportation to and from the Greyhound Bus Depot is \$31.00 per person each way.

Please Note:

Make all travel arrangements at least 48 hours in advance by written, phone, or fax confirmation and notify our Transportation Department immediately at 941-755-1000 of any changes.

Prices are subject to change. Please contact the Transportation Department at 941-755-1000 for prices.

DIRECTIONS FROM IMG ACADEMIES TO GOLF COURSE:

5500 34th Street West * Bradenton, FL 34210
800.872.6425 * 941.752.2600 * Fax 941.752.2531 * netsales@imgworld.com * www.IMGAcademies.com

IMG Academies to IMGA Golf & Country Club at El Conquistador:

- Turn right out the main entrance of IMG Academies (34th St West)
- Turn right onto El Conquistador Parkway
- IMGA Golf & Country Club is on the left
- 4350 El Conquistador Parkway – 941-758-1466

MORE HELPFUL INFORMATION:

Laundry: Laundry can be sent out through the Clubhouse for same-day or next-day service.

Insurance: Payment does not include any provision for personal, medical or property insurance. It is suggested that all guests bring health insurance information with them when they travel.

Mail: Please send mail to guests at:
Guest's Name
c/o IMG Academies Clubhouse
5500 34th Street West
Bradenton, FL 34210

International Wire Payment Instructions:

Wire Payment to: Wachovia
ABA# 063000021

Swift Code #: PNBP US 33

Bank Address: 6285 14th St West
Bradenton, FL 34207

Credit Account: #20000 157 64494
IMG Academies LLP

****Note: Be sure that the participant's name is on the wire****

Processing fees incurred during the transfer of monies the sender pays them clear through all banking channels.

The amount of the credit to your account by Bollettieri Inc., d/b/a IMG Academies is the exact dollar amount received from the bank.

PRO SHOP: For the convenience of adult guests, IMGA's fully stocked Pro Shop is located next to the JR Swimming pool. The Pro Shop is a full service store offering the latest in training gear for every sport offered at the Academy.

IMGA Golf & Country Club Pro Shop: Located at golf course, offers a full array of golf specific equipment

Club fitting services are available by appointment at the IMGA Golf & Country Club Pro Shop.



ADULT TENNIS PROGRAM

NAME: _____ AGE: _____ (optional)

Arrival Date: _____ Departure Date: _____

Level of Play (circle one): Beginner Intermediate Advanced

1. What is your main objective in attending the Nick Bollettieri Tennis Academy?

2. What areas need the most improvement?

3. List your key strengths:

4. We have optional programs and services available (for additional fees) to intensify your training. If you would like more information, circle the appropriate letter below.

Mental Conditioning	Y	N
Physical Fitness Training	Y	N
Injury Rehab/Therapy (Bollettieri Sports Medicine)	Y	N
Nutrition	Y	N
Sports Massage	Y	N

****Please fax to IMG Academies at 941-752-2647 prior to your arrival so we can plan your program****



WAIVER AND INDEMINIFICATION - 2009/2010

Participant's Name: (please print) _____ Program: _____

Waiver: In consideration of IMG Academies LLP (hereafter "IMG") accepting the enrollment of Participant in a program at IMG and/or Participant's use (today and on all future dates) of the property, facilities, parking lot, buildings, fields, equipment, housing, dining areas (if applicable) and services of IMG, Participant and his/her Parent/Guardian, on behalf of Participant's heirs, next of kin, personal representatives, and/or assigns, promise not to sue or bring any action against IMG, its affiliated companies, or any of their members, directors, officers, employees, volunteers, sponsors, independent contractors or agents, and release each of them from all liability in connection with all claims for (1) personal injury or illness (including death) and (2) damage to, or loss or theft of, property (including personal items, car, and money), arising from Participant's: enrollment in a program at IMG; presence at IMG; receipt of medical care or treatment for any physical or mental condition; use of IMG's facilities, services, premises and equipment; as well as Participant's negligence, willful misconduct, or criminal behavior; involvement in accidents; participation in horse play, sport program practices, tournaments, instruction, school activities, and social activities; travel; exposure to inclement weather; and/or any other circumstance or cause of a similar nature, but excluding IMG's willful misconduct or criminal behavior.

Publicity Consent: Participant and Parent/Guardian consent to all recording, photographing and filming of Participant and all agree that IMG can use these recordings and images at any time and in any manner without payment to, or additional consent of Participant or Parent/Guardian.

Indemnification: Participant and Parent/Guardian also agree to indemnify and hold harmless IMG and its affiliated companies and each of their members, directors, officers, employees, volunteers, sponsors, independent contractors and agents, from all claims and amounts related to legal and other action brought against IMG for damages caused by Participant (i.e. for damages incurred while fighting with another participant) and to reimburse IMG for any expenses incurred for claims brought against IMG as a result of Participant's enrollment in a program at IMG; presence at IMG; receipt of medical care or treatment for any physical or mental condition; use of IMG's facilities, services, premises and equipment; as well as Participant's negligence, willful misconduct, or criminal behavior; involvement in accidents; participation in horse play, sport program practices, tournaments, instruction, school activities, and social activities; travel; exposure to inclement weather; and/or any other circumstance or cause of a similar nature, but excluding IMG's willful misconduct or criminal behavior. Participant and Parent/Guardian agree to pay all costs and attorneys' fees incurred by IMG in investigating and defending a claim or suit but only if Participant's (or Parent/Guardian's) claim is withdrawn or to the extent an arbitrator determines that IMG is not responsible for the injury or loss.

Severability and Venue: Participant and Parent/Guardian further expressly agree that this waiver is intended to be as broad and inclusive as is permitted by the law of the State of Florida and that if any portion thereof is held invalid, it is agreed that the remaining portion of the waiver will continue in full legal force and effect. Also, Participant and Parent/Guardian agree that all disputes must be resolved using binding arbitration and take place at the office of the American Arbitration Association located nearest to Bradenton, Florida.

Acknowledgment of Understanding: Participant and Parent/Guardian have read this waiver and fully understand its terms. Participant and Parent/Guardian understand that Participant is giving up rights, including the right to compensation for injury resulting from negligence of IMG. Participant and Parent/Guardian acknowledge that they are signing the agreement freely and voluntarily, and intend their signatures to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Signing this waiver as parent/guardian, I acknowledge that I am consenting to Participant's participation in a program at IMG and represent to IMG that I understand all risks are expressly assumed by Participant and myself and all related claims are expressly waived in advance, other than claims not covered herein.

Signature of Participant: _____ Date: _____

Form D-page 1



AGREEMENT TO PARTICIPATE

Assumption of Risks: Physical activity, by its very nature, carries with it certain dangers and risks that cannot be eliminated regardless of the great care taken to prevent or minimize harm. IMG has facilities for various sport specific activities such as soccer, golf, tennis, baseball, football and basketball and related activities such as strength training, running, cycling and swimming. Some of these activities involve strenuous exertions of strength using various muscle groups, some involve quick movements involving speed and change of direction, some involve contact with equipment, fixed objects (e.g. goal posts), other participants (including participants that are older or younger and who may be larger or smaller in terms of weight and height) and various surfaces types, and others involve sustained physical activity that places stress on the cardiovascular and nervous systems. The specific risks vary from one activity to another, but in each activity the risks range from (1) minor injuries such as cuts, bruises, muscle strains and sprains, to (2) major injuries such as broken or fractured bones, concussions, or lost teeth, to (3) catastrophic injuries, such as heart attacks or fractured skull or those that cause disfigurement, loss of mental capacity, loss of sight, speech or hearing, paralysis, or death. I also understand that the Participant may be exposed, or expose others, to contagious and potentially harmful or deadly disease such as influenza, common cold, chicken pox, meningitis, or measles. Participant will also be exposed to risks while traveling (such as in vans when traveling to and from competitions, social events, or the airport), exposure to large crowds (such as at a big competition or a music concert), and exposure to risks related to receipt of treatment for any physical or mental condition.

Participant and Parent/Guardian have read the previous paragraphs and (1) understand the nature of the activities at IMG, (2) understand the demands of those activities relative to the physical condition and skill level of Participant, and (3) appreciate the types of injuries and illnesses and risks related to treatment for any physical or medical condition which may occur as a result of activities that I participate in at IMG. Participant and Parent/Guardian hereby assert that participation in a sport program at IMG and use of their facilities and services is voluntary and that Participant and Parent/Guardian knowingly assume all related risks.

Acknowledgement of Rules and Standards of Conduct: I understand that IMG has rules and standards of conduct that are set forth in the IMG Academies Student Handbook. I agree to abide by these rules and standards for the safety of all participants, staff, guests and employees.

Acknowledgment of Understanding: Participant and Parent/Guardian have read this agreement to participate and fully understand its terms. Participant and Parent/Guardian acknowledge freely and voluntarily signing the agreement to participate and intend the signatures to signify a complete assumption of the inherent risks of participating in or observing activities at IMG to the greatest extent allowed by law in the State of Florida.

In signing this assumption of risk agreement as Parent/Guardian, I acknowledge that I am consenting to the participant's participation at IMG (as specified in paragraph one) and acknowledge that Participant and Parent/Guardian expressly assume all inherent risks of the activity.

Signature of Participant: _____ Date: _____

Form D-page2

Terms and Policies

- A minimum of one week's tuition payment or 50% of the total fee for reservations of two weeks or more is required to be paid at the time of reservation to guarantee your stay.
- ***All balances must be paid in full at least 30 days prior to arrival.***
- Shortly after receipt of your reservation form and the minimum payment, a confirmation packet will be mailed to you. The packet contains the required forms for participation in the program. These forms must be received before participation in the program.
- You acknowledge and agree to assume and be fully responsible for any and all property or other damage to the room or any other facilities used at IMG Academies.
- IMG Academies is not responsible for lost or stolen articles or money. DO NOT bring valuable items.
- The credit card number on file will be charged for any unpaid balances, damages, extension fees and/or expenses incurred during the stay.
- Prices subject to change without notice.
- I certify that I am the guest/Participant and/or the parent of the guest/Participant and agree to these terms and policies as evidenced by my signature below.

Cancellation Policy

- All cancellations must be submitted in writing to the Reservations Department.
- A refund less a 10% service charge based on the total fees due will be given for cancellations received by IMG Academies at least four weeks in advance. Alternatively, the full amount paid may be credited toward a future reservation. This credit on file will be held for 12 months from the date of cancellation.
- Cancellations received less than four weeks in advance, but at least seven days before the scheduled arrival will receive a refund less 25% service charge based on the total fees due. Alternatively, the full amount paid may be credited toward a future reservation. This credit on file will be held for 12 months from the date of cancellation.
- Cancellations received less than seven days before scheduled arrival or after scheduled arrival date, will result in forfeiture of all fees.
- Cancellations due to medical reasons will be handled on an individual basis depending upon circumstances involved.
- Cancellation Protection may be purchased at time of booking, which allows for a full refund for any reason up until noon the day before scheduled arrival. The cost of this protection is 10% of the total cost of the reservation.

Arbitration

If a dispute arises under this agreement that cannot first be resolved through good faith negotiation, the dispute will be submitted to arbitration and resolved by a single arbitrator (who will be a lawyer) in accordance with the Commercial Arbitration Rules of the American Arbitration Association then in effect as modified by this paragraph. All such arbitration will be confidential and take place at the office of the American Arbitration Association located nearest to Bradenton, Florida. The award or decision rendered by the arbitrator will be final, binding and conclusive and judgment may be entered upon such award by any court. The arbitrator has no authority to award attorneys fees. If a conflict arises between this document and any other document binding both parties on the same matter, the provisions of this document shall apply.

Participant

Signature: _____ Date: _____

TRANSPORTATION REQUEST FORM

Name: _____
(Please Print)

Cell: _____

PLEASE COMPLETE THE INFORMATION BELOW ONLY IF YOU REQUIRE TRANSPORTION and fax to (941.752.2630) or email (transportation@imgworld.com), at least 48 hours prior to your travel. For immediate assistance call 941.755.1000.

Arrival Date: _____

Will you require a *pick-up* from the airport? YES or NO

Airport: _____ Airline: _____

Flight number: _____ Time: _____ AM or PM

Departure Date: _____

Will you require a *drop-off* to the airport? YES or NO

Airport: _____ Airline: _____

Flight number: _____ Time: _____ AM or PM

VISA MASTERCARD CASH to the driver

Credit Card Number: _____ Exp. Date: _____

Name of Cardholder: _____

Signature of Cardholder: _____