

ALUMNI

Derek Jeter <i>New York Yankees</i>	Scott Williamson <i>Baltimore Orioles</i>	Choo Freeman <i>Los Angeles Dodgers</i>
Nomar Garciaparra <i>Los Angeles Dodgers</i>	Jerry Hairston, Jr. <i>Cincinnati Reds</i>	Freddie Bynum <i>Baltimore Orioles</i>
Jason Varitek <i>Boston Red Sox</i>	Rob Bell <i>Baltimore Orioles</i>	Ryan Zimmerman <i>Washington Nationals</i>
Gary Sheffield <i>Detroit Tigers</i>	Lance Carter <i>Orix Buffaloes</i>	Bryan Bullington <i>Pittsburgh Pirates</i>
Trot Nixon <i>New York Mets</i>	Wilson Alvarez <i>Los Angeles Dodgers</i>	Josh Hamilton <i>Texas Rangers</i>
Kevin Millar <i>Baltimore Orioles</i>	Mark Teahan <i>Kansas City Royals</i>	Chris Perez <i>St. Louis Cardinals</i>
Aaron Sele <i>New York Mets</i>	Dermal Brown <i>Oakland Athletics</i>	Mark Buehrle <i>Chicago White Sox</i>
Joe Mays <i>Los Angeles Dodgers</i>	Jason Marquis <i>Colorado Rockies</i>	Carlos Quentin <i>Chicago White Sox</i>
Adam Dunn <i>Arizona Diamondbacks</i>	Ben Sheets <i>Milwaukee Brewers</i>	Joey Votto <i>Cincinnati Reds</i>
Pat Burrell <i>Tampa Bay Rays</i>	John Van Benschoten <i>Pittsburgh Pirates</i>	Mike Fontenot <i>Chicago Cubs</i>
Vernon Wells <i>Toronto Blue Jays</i>	Lance Niekro <i>San Francisco Giants</i>	Jed Lowrie <i>Boston Red Sox</i>
Mike Cuddyer <i>Minnesota Twins</i>	Brad Snyder <i>Cleveland Indians</i>	Josh Fields <i>Chicago White Sox</i>

IMG ACADEMIES

Located in Bradenton, Florida, the 300-acre IMG Academies campus continues to grow as the most advanced state-of-the-art multi-sport training and educational facility ever created for athletes of all ages. It includes:

- Nick Bollettieri Tennis Academy
- David Leadbetter Golf Academy
- IMG Soccer Academy
- IMG Baseball Academy
- IMG Basketball Academy
- IMG Swimming Academy
- IMG Performance Institute
- Evert Tennis Academy (Boca Raton, FL)



IMG ACADEMIES

IMG BASEBALL ACADEMY



WELCOME TO THE IMG BASEBALL ACADEMY!

I've spent my entire life in baseball, coaching or managing at every level, including the majors. I'm thrilled to be the Director of the IMG Baseball Academy because, here, my sole responsibility is developing talent. My job is to help players improve their skills and realize their full potential, on and off the field.

At the IMG Baseball Academy, we have created the ideal learning environment. We provide amateur athletes with a professional training experience. We've designed a development program calendar offering the perfect training for all player levels, at convenient times, throughout the year.

If you are serious about improving technically, tactically, physically and mentally, come to the most unique and effective program in baseball –the IMG Baseball Academy.

Ken Bolek
Director, IMG Baseball Academy

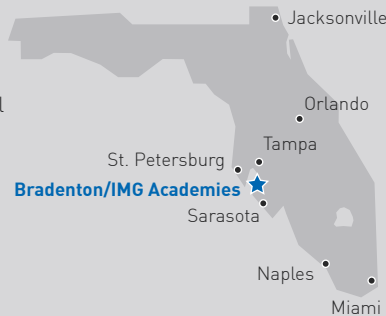
FOR MORE INFORMATION:

t: 800.872.6425

w: www.imgacademies.com/baseball-academy/

AREA

- 6 miles from Sarasota/Bradenton International Airport; 45 miles south of Tampa International Airport
- 10 miles from beautiful Gulf beaches
- 90 miles from Orlando and Disney World



IMG BASEBALL ACADEMY

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INSTRUCTIONAL PHILOSOPHY

The IMG Baseball Academy provides the most unique training environment in all of baseball today. The goal at the IMG Baseball Academy is simple: to develop the best baseball players in the world at all levels of the game. Having coached, trained and developed MLB players, international professionals, college and high school players, we have devised a comprehensive and systematic training program that focuses on individual player, position and personal development. We settle for nothing less than the total fulfillment of an athlete's potential as a baseball player and person.

Program Details

- Rigorous training in the technical, tactical, physical, and mental aspects of the game.
- All coaching conducted by instructors with extensive pro/collegiate playing, scouting, and coaching experience.
- Specific coaches responsible for particular areas of expertise: infield, outfield, pitching, catching, base running, and hitting
- Extensive video analysis utilized to teach the finer fundamentals.
- Drills, practice sessions, and situational games each week.
- Daily performance sessions conducted by the IMG Performance Institute aimed at building bigger, faster, stronger and more explosive baseball athletes.
- Mental conditioning sessions that teach you to "win" on any given day.
- The nutritional requirements for athletic development are incorporated into all training table meals.

FULL TIME PROGRAMS

High School & Middle School Boys live, train, and attend private school on our 300-acre campus. The program runs concurrent with the Florida state academic year (September – May). Over 95% of our graduates have attended college. The full-time program at the IMG Baseball Academy is the most unique training opportunity available in baseball today.

Post-Graduate The IMG Baseball Academy has successfully trained many top youth, collegiate, and professional players. Our Post-Graduate program is designed to maximize potential while expanding college/professional options.

YOUTH / HS YEAR ROUND PROGRAMS

We offer a variety of seasonal specialty programs from which to choose. All programs can be either boarding or non-boarding.

*****If these programs don't fit your schedule, you may attend on a weekly basis anytime throughout the year.*****

Presidents' Week Training Camp

2/16 – 2/20

Train for a week during February to prepare for your upcoming spring season.

Spring Training Camps

3/2 – 4/24

Players welcome during their spring break – no better way to prepare for your school season.

Summer Instructional Camps

6/8 – 8/22

We recommend a minimum of 2-3 weeks to take full advantage of the intense training environment.

High School Summer Wood Bat League*

6/14 – 8/2

Seven-week training program with competitive league play, daily baseball instruction and total athletic development. College coaches showcase and recruiting seminar included.

Baseball Academy Prep

7/12 – 8/1

Three week training series for middle school players, ages 12-14.

Elite HS Training Program

8/17 – 8/28

Two week training program geared towards the elite HS player. Start your fall in mid season form.

Winter Instructional Camps

12/19 – 12/31

Join us in warm, sunny Florida for a week or two in the dead of winter.

*Interested players are recommended to attend either President's Week, Holiday Camp, or Spring Training Camp sessions for evaluation / tryout.

TYPICAL DAILY TRAINING SCHEDULE

Morning Schedule

8:30am - 9:30am Stretch / Throwing Program

9:30am - 11:00am Offense / Hitting

11:30am - 12:30pm Lunch

Afternoon Schedule

12:45pm - 1:30pm Total Athlete Development

2:00pm - 4:00pm Defense / Pitching

5:00pm - 6:00pm Dinner

PROFESSIONAL / COLLEGIATE PROGRAMS

The game is BIGGER, FASTER, STRONGER, and more EXPLOSIVE than ever before and the economics are huge. The off-season is now the in-season to prepare for the next season.

“As an athlete you want results. The system and structure that they have in place at the IMG Baseball Academy makes this place great. Every day I am going to the max, pushing my body. This is the only place where I can do that every day and not get tired of it.”

Carlos Quentin (Chicago White Sox)

TYPICAL DAILY TRAINING SCHEDULE

Morning Schedule

8:30am - 9:30am Physical Conditioning

10:00am - 12:00pm Baseball Workouts

12:15pm - 1:15pm Lunch

1:30pm - 2:30pm Mental Conditioning

Afternoon Schedule

3:00pm - 4:00pm Spa / Regeneration

4:00pm - 4:30pm Nutrition

4:30pm - 5:00pm Communication

5:30pm - 6:30pm Dinner

TEAM / LEAGUE

High School Summer Wood Bat League

One hundred twenty athletes will compete in the seven week program that includes daily baseball instruction, a 30+ regular season game schedule, daily speed, strength, and agility training sessions, a college showcase and recruiting seminar.

This program is designed for the serious-minded ball player interested in reaching a higher level of play with emphasizes on physical development and instruction.

TYPICAL DAILY TRAINING SCHEDULE

Morning Schedule

8:00am - 9:30am Physical Conditioning

10:00am - 11:30am Baseball Workouts

12:00am - 1:00pm Lunch

Afternoon Schedule

2:00pm - 3:00pm Batting Practice

4:00pm - 6:00pm Game

6:30pm - 7:30pm Dinner

CAMPUS FACILITIES & AMENITIES

- 300-acre IMGA Campus
- Baseball training complex with 2 pro fields, 3 diamonds, multiple batting cages and bullpen mounds
- IMG Performance Institute: 10,000 sq. ft. weight room and multiple training surfaces: field turf, natural grass, 4-lane track and training hill
- Sports training and therapy center
- Dormitory housing
- Jr. Cafeteria / Adult dining rooms
- 4 pools
- Computer learning center
- Classrooms and study areas
- Recreation area
- Luxurious nightly accommodations
- Clubhouse & conference center
- Pendleton School (K - 12 private institution)
- University of Miami satellite campus
- Language school & college courses
- IMG Academies Golf & Country Club, a 7,000-yard, par 72 golf course
- The Wellness Spa
- Academy Realty Group
- Fabulous weather, beautiful beaches
- Great Florida attractions nearby
- Secure campus with 24-hour supervision

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